

# 2019 Events

**Bag Tag League** - All Summer Every Tuesday at 6 p.m.

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**Women's Weekly Meet-Up** - All Summer Every Tuesday at 6 p.m.

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**Spring Doubles Tournament** - June 23, 2019

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**Walk in the Park** - Every Thursday at 6 p.m. beginning July 11, 2019

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**Francophone Junior League** - July 2 to August 26, 2019 - Every Monday at 5:30 p.m.

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**Tommy Douglas Open 2019** - July 13, 2019

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**Saskatchewan Open 2019** - August 17 and 18, 2019

## RDGA Board of Directors

President - Daniel Fortier

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## Contact Information

Email - [reginadiscgolf@gmail.com](mailto:reginadiscgolf@gmail.com)

Facebook- <https://www.facebook.com/discgolfregina/>

Instagram - @reginadiscgolf



## Regina Disc Golf Association Newsletter

### What is Disc Golf?

Disc Golf is a simple, accessible recreational sport that involves throwing a disc into a basket. Much like golf, there are number of different discs used in order to hit the basket which is often located a few hundred feet from the tee pad. Throwing around natural surroundings is all part of the game, so courses require low maintenance. Not only is disc golf fun but it also helps promote healthy and active lifestyles for the community.

### What is the RDGA?

The RDGA (Regina Disc Golf Association) is a non-profit organization formed in 2013 with the mandate to grow and support the sport of disc golf in Regina and surrounding areas. In 2014, with the help of local businesses, the RDGA installed a full 18-hole course at Douglas Park in Regina and we have been improving the course ever since. Annual RDGA memberships are \$10. To become a member of our great community or to volunteer with the association please contact us at [reginadiscgolf@gmail.com](mailto:reginadiscgolf@gmail.com).

## Douglas Park Disc Golf Course

Douglas Park is part of a 930 hectare parkland within Wascana Park that is overseen by the Provincial Capital Commission. Douglas Park is the headquarters for several non-profit organizations and sport clubs including the RDGA. From the fabulous Wascana Hill overlooking the lake to the numerous walking trails this park is the perfect location for a disc golf course. Hole 15 has an especially gorgeous view as the sun sets right in front of the basket.



## Improvements - Permanent Tee Pads and Tee Signs

The RDGA continues to work with the Provincial Capital Commission to approve and build permanent tee pads and signs. A written proposal to this effect will be presented in 2019. It is expected that building tee pads and installing tee signs will be a costly undertaking. Stay tuned for fundraising and sponsorship opportunities!

## Spring Doubles Tournament

This year, we will be kicking off the season with a casual doubles tournament. "Doubles" is a common disc golf format where you play with a partner. This format means there is less pressure on individual players, and it is also an excellent opportunity to meet new people. The Spring Doubles tournament will take place on June 23, 2019 at Douglas Park Disc Golf Course. For more information about the event please visit <https://www.facebook.com/events/688059311637440/>

## RDGA Bag Tag League

The Bag Tag League is a competitive league where players challenge each other and vie for the elusive #1 tag. Tags cost \$20 for RDGA members. The league runs throughout the summer every Tuesday at 6:00 p.m. at the Douglas Park Disc Golf Course. For more info on the tag league or to register please visit [https://www.discgolfscene.com/leagues/Regina\\_Bagtag\\_League\\_2019](https://www.discgolfscene.com/leagues/Regina_Bagtag_League_2019)

## Women's Weekly Meet-up

In partnership with Disc Golf Saskatchewan, the RDGA is offering a women's only weekly meet-up this summer every Tuesday at 6:00 p.m. at the Douglas Park Disc Golf Course. This is a chance for women of all ages and skill levels to come out and learn about disc golf, develop their skills, have fun and be a part of a great community. For more information please email

[SkDiscGolfDivas@gmail.com](mailto:SkDiscGolfDivas@gmail.com)

## Francophone Junior League

The RDGA in partnership with the Association canadienne-française de Regina and l'Association jeunesse francosaskoise is launching a francophone junior league. In an effort to not only grow the sport of disc golf but to also broaden the number of activities offered in French in our community, the RDGA with the generosity of its partners will be offering this league to children aged 11-16. The league will run from July 2nd to August 26th, 2019 every Monday at 5:30 p.m. Registration is now open and the registration fee is \$40. Every participant will receive 3 custom discs, a mini-disc, a bag tag and an RDGA membership. For more information or to register please contact [rdgajuniorprogram@gmail.com](mailto:rdgajuniorprogram@gmail.com)

## Walk in the Park

Come join us in our weekly "Walk in the Park"! Everyone is welcome. We meet up every Thursday at 6:00 p.m. beginning July 11, 2019 at the Douglas Park Disc Golf Course. This is a no-pressure time for everyone to get together and play disc golf for fun. It is a great way to get started in disc golf and to learn how to play the game and throw a disc. Plus it is free to play!

## Tommy Douglas Open 2019

For 2019, the Tommy Douglas Open is returning to its roots. On July 13, 2019, Regina's local disc golf tournament returns to a 1-day, 2-rounds format to be held at the Douglas Park Disc Golf Course. Players of all levels are invited to register in this competitive yet friendly disc golf event. No matter if you are new to disc golf or a seasoned player you will be sure to find what you're looking for in this incredible annual event. For more information, please visit [https://www.discgolfscene.com/tournaments/Tommy\\_Douglas\\_Open\\_2019](https://www.discgolfscene.com/tournaments/Tommy_Douglas_Open_2019)



TDO 2018 Finalists - From left to right: Daniel Fortier, Kai Hicks, Brian Freese, Marc Deon and Chris Hoyt

## Sask Open 2019

This year the RDGA is honoured to have the opportunity of hosting the Province's most prestigious disc golf tournament, The Sask Open! This tournament which is held at a different location across our province each year is famous for attracting some of the toughest competition from across the province and providing players with an experience to remember. The Sask Open 2019 will take place from August 17th - 18th, 2019. We are currently in the early stages of planning but you can find more info about this incredible event at [https://www.discgolfscene.com/tournaments/The\\_Sask\\_Open\\_2019](https://www.discgolfscene.com/tournaments/The_Sask_Open_2019).